

Step #1 – decide the size of your vision board and quantity

Many people will make several vision boards and put them in their home, workplace, garage, and/or workout area. Depending on the space it will occupy sometimes an 8”X10” works well for starters.

Step #2 – make it a group activity

Have a vision board party with friends and family. This is always a fun way of getting together and learning more about your friends, family and loved ones. You will find out more of what they would like to accomplish in life and you can be a catalyst in their dream.

Step #3 – now the dreams begin

Think back when you were a kid and some of the dreams you had of what your ideal life would be like. Now is the time to do it again. Where do you want to live? Where do you want to travel? What do you want to have in your life? What do you want to be in your life? Do you want kids? How many? What kind of work would you like to do? What kind of business do you want to have? Think of some of the things you would like to achieve.

Step #4 – start cutting

The fun begins with cutting pictures, images, words, or drawing your own pictures. Choose from the internet, magazine, cards, or draw them yourself.

Step #5 – putting it together

Glue everything onto your board or sheet of paper. Add glitter, feathers, gem stones, or ribbons if you like. There is no wrong way. It’s your vision/dream board!!!

Step #6 – make it visible

Place your completed project in a place where you can see it every day several times. You can even frame it like a priceless painting!

Step #7 – change it or keep it

You can add and remove pictures whenever you want or when you have accomplished your goal, or if your vision changes. I like to keep my as reminders of what I accomplished and look back at them as reminders that anything is possible!!

Step #8 - Have fun and enjoy the process!!